

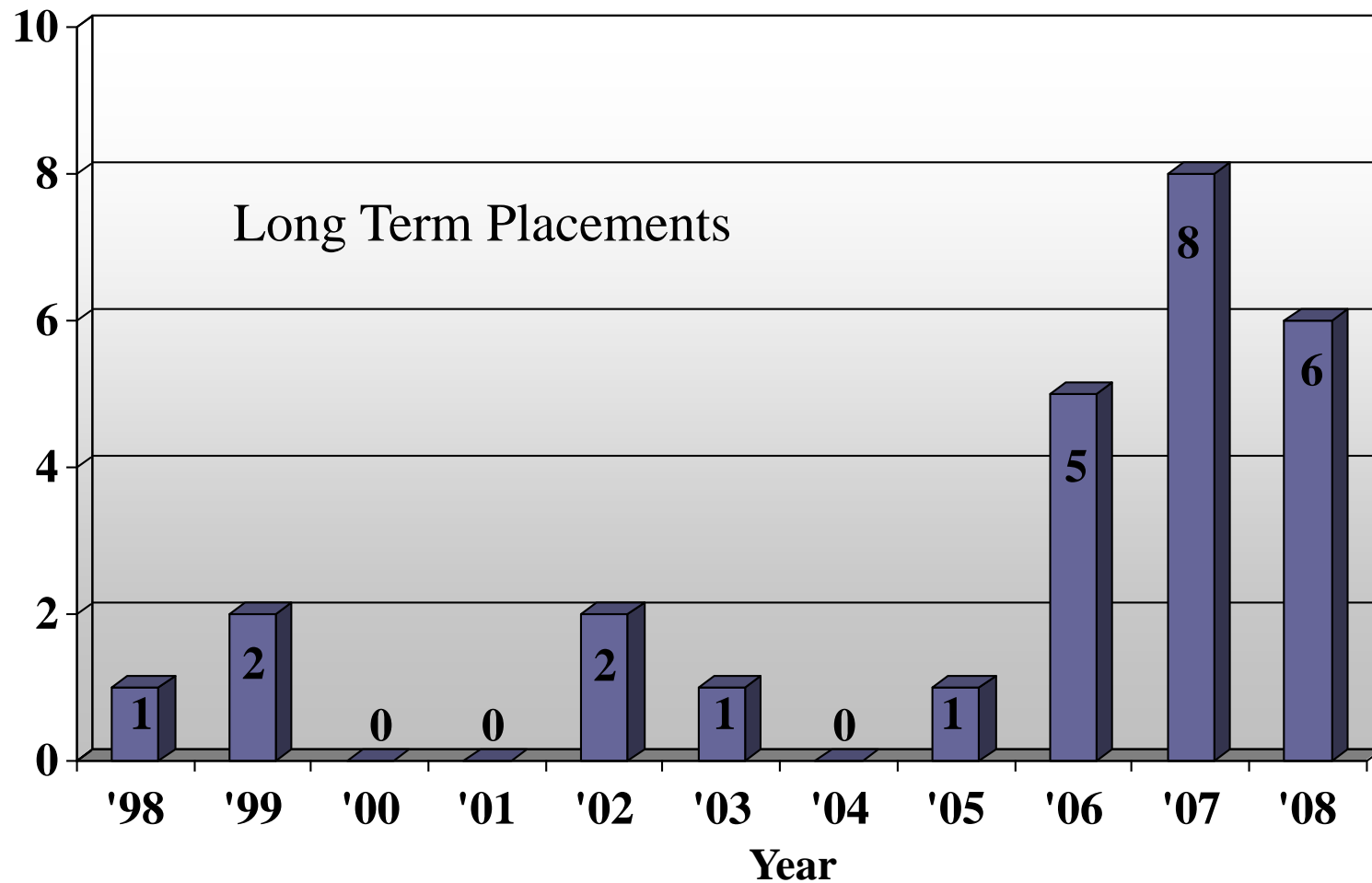
# HB-1226

## Intensive In-Home Behavior Support Services

### House Health and Human Services Committee

Linda Rolfe, Director  
Division of Developmental Disabilities  
January 29, 2009

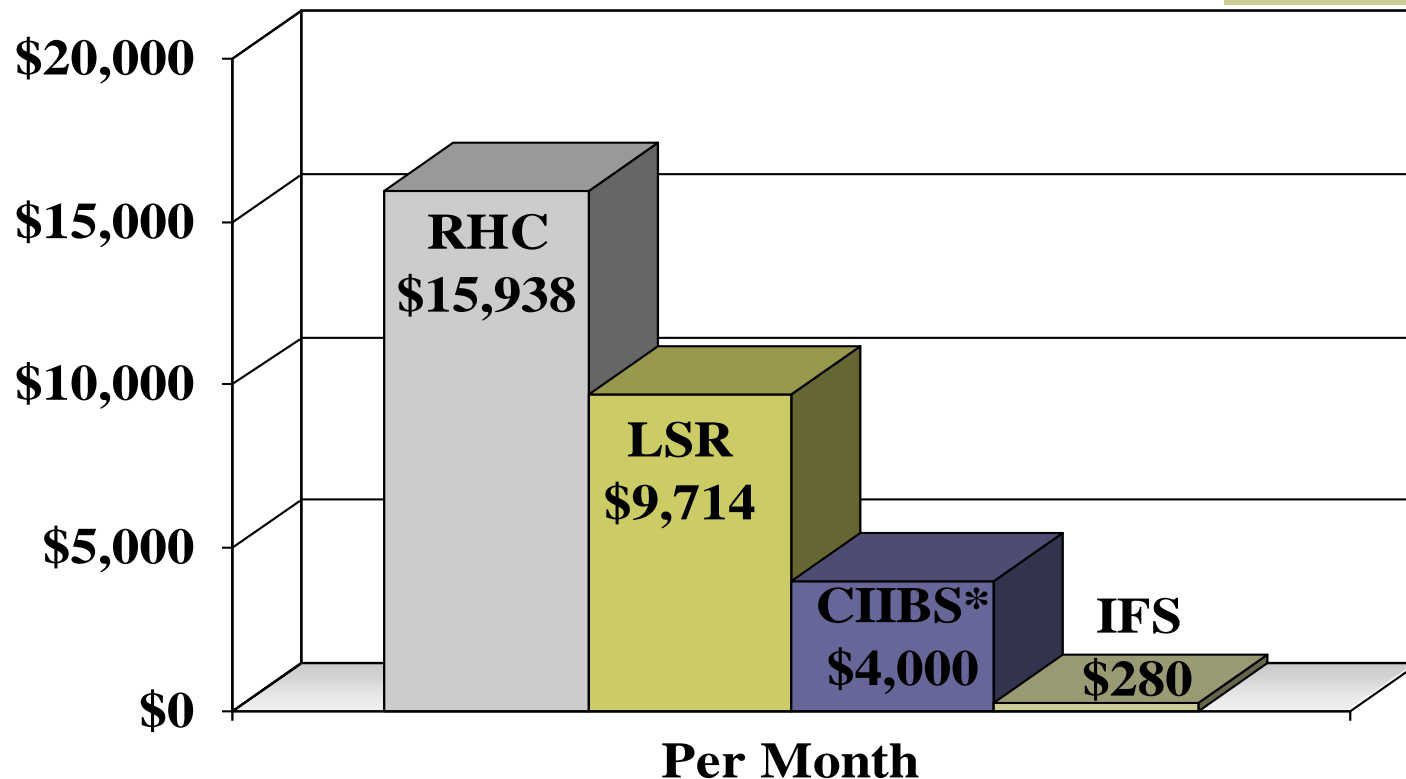
# Children Admitted to RHCs



# 2008 Supplemental Budget

- \$921K GF-S, \$963K GF-F to develop and implement federal waiver for children with developmental disabilities who have intense behaviors, and their families.
- Purpose: support the child and family in the home rather than having an out-of-home placement.

# Average Cost of Services Per Month



**RHC** = Residential Habilitation Centers

**LSR** = Licensed Staffed Residential

**CIIBS** = Children Intensive In-home Behavioral Support (\*proposed \$ amount)

**IFS** = Individual and Family Services

# DDD's Approach

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- Involved Stakeholder Workgroup
- Researched What Other States Do
- Visited Oregon
- Included CA expert in Behavioral Interventions
- Designed CIIBS Program and Completed Federal Waiver Application Process
- Updated IT System to Support CIIBS

# Federal Waiver Process

- 07/23/08: DSHS submitted draft application to Centers for Medicare and Medicaid Services (CMS)
- 09/23/08: Submitted final application
- 12/01/08: Resubmitted application with clarifications based on the informal Request for Additional Information (RAI)
- 12/16/08: Formal RAI received (clock stopped)

# Federal Waiver Approval

## Next Steps:

- Department will resubmit waiver application with additional information requested from CMS, beginning the final 90 day clock toward approval.
- Department will work with CMS to finalize Quality Improvement Strategy according to new requirements.

# CIIBS Waiver Characteristics

- Best Practice Design
- Use of Promising and Evidence-Based Practices
- Provider Recruitment
- Program Evaluation



# Best Practice Examples

- Intensive Case Management
- Positive Behavior Support Model
- Behavior Specialists and Behavior Technicians
- Collaboration between families, service providers, schools, and health practitioners

# Intensive Services Examples

Behavior Specialists: PhD or MA level therapists with expertise in Positive Behavior Support in the family context

- Conduct Functional Assessment,
- Design written Positive Behavior Support Plans
- Provide training and consultation
- Collect and review data
- Oversight – ensure ongoing efficacy of plan

Behavior Technicians: Experienced line therapists

- Implement treatment according to design
- Work alongside families in the home

# Program Evaluation

- Data collection:
  - Collect baseline information on:
    - Family stress level (using Parenting Stress Index, a nationally normed tool)
    - Child's behaviors at home, school, and in community
  - Progress data collected at 30/60/90 day follow-up visits (intensive case management activity)
  - Utilize information in provider Quarterly Reports; format established by DDD
  - Utilize data collected by schools
  - Track client enrollment and expenditures

# CIIBS Program Eligibility

In addition to HCBS Waiver enrollment criteria, a child must meet eligibility criteria per the DDD Assessment:

**Age 8-17**

**Caregiver Risk Score  
is Medium or Higher**

**High Behavior Acuity**

**Family Agrees to  
Participate in the Program**

**High or Severe Out-of-home  
Placement Risk Score**

# For More Information

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# Full Text of 2008 Supplemental Budget

“\$921,000 of the general fund--state appropriation for fiscal year 2009 and \$963,000 of the general fund--federal appropriation are provided solely for the development and implementation of a federal home and community-based care waiver to provide intensive behavior support services to up to one hundred children with developmental disabilities who have intense behaviors, and their families.”

# Full Text, continued

“To receive services under the waiver, the child must have a developmental disability and: (A) meet an acuity measure, as determined by the department, indicating that the child is at high risk of needing an out-of-home placement; (B) be eligible for developmental disabilities services and a home and community-based care waiver program; (C) reside in his or her family home or temporarily in an out-of-home placement with a plan to return home; and (D) have family that demonstrates the willingness to participate in the services offered through the waiver, and is not subject to a pending child protective services referral.”

# Full Text, continued

“The department shall authorize, contract for, and evaluate the provision of intensive in-home services that support the ability of the child to remain at home with their parents or relatives. Intensive behavior support services under the waiver shall be provided directly or by contract, and may include, but are not limited to: (A) Behavior consultation and management, therapies and respite care; (B) minor home or motor vehicle modifications and transportation; (C) specialized nutrition and clothing; (D) training of families and other individuals working with the child; and (E) inclusion in community activities.”